

ITEMS NEEDED FOR TRAVEL BAGS

- LUNCH SACKS**
- SMALL CAN OF PROTEIN FOOD** (such as Vienna Sausages or Tuna with pop top)
- SMALL CAN FRUIT** (with pop top)
- CAN OF SPARKLING WATER** (with pop top)
- SNACK BAR**—fruit or granola
- PLASTIC SPOON OR FORK**
- WRAPPED CANDY**



*I was hungry and you gave me something to eat,
I was thirsty and you gave me something to drink,
I was a stranger and you invited me in
Matthew 25:35*

In the tradition of St. Martin of Tours who shared his cloak with a beggar, we provide Food-on-the-Go bags to people in need.

It is not uncommon for people to stop by seeking something to eat.

We give them a lunch bag.